

## **Health and Safety Policy**

The Health and Safety of your child is very important to me and it is my policy to promote and ensure the good health and safety of children in my care. This is in line with requirements laid out in the EYFS framework and Health and Safety Executive. In order to achieve this I follow the following procedures:

- All toys will be checked and cleaned regularly to ensure they are safe for your child to use.
   Any broken or hazardous toys will be removed immediately. Children will only be offered toys and resources that are suitable for their age/stage of development
- I do a quick risk assessment of my home every morning before the children arrive to ensure that it is a safe environment for minded children
- All equipment will be checked and cleaned regularly. All equipment is fitted with the correct safety harnesses to prevent accidents, for example highchair and pushchairs.
- Car seats are checked regularly to ensure they are correctly fitted. I will never use a second hand car seat, as I do not know its history.
- My car is regularly serviced and has an up-to-date MOT. It is also ensured for Business use.
- I use safety equipment appropriate for the children in my care, ie stair gates, cupboard locks etc. These are checked regularly.
- I will keep my front door locked with the keys on a hook up high to prevent the children opening the door to strangers.
- I have procedures in place in the event of a fire (see separate policy)
- My smoke alarms are tested regularly and fire drills are carried out and recorded. I have a
  fire blanket in my kitchen and children and parents are aware of my emergency evacuation
  procedure.
- I keep my kitchen very clean, following hygiene guidelines on the storing of food, keeping the fridge at the correct temperature.
- I ensure that the children do not have access to any waste, the bins are emptied daily and any used nappies are double wrapped and placed in the outdoor rubbish bin.
- I do not permit smoking in my home (see separate policy)
- I have strict Child protection guidelines in place (see separate policy)
- Children must stay with me when we are away from the home. Younger children will be strapped in a pushchair; older children will either be on a harness or wrist strap, or holding onto my hand/pushchair.
- I have emergency contact details with me at all times should I need to contact the parents.



- I will work with you to teach the children about safety issues like crossing the road and stranger danger.
- I will work with you to teach the children about making healthy food choices and physical exercise.
- Sleeping children will be regularly monitored
- I discourage the children from keeping 'secrets'
- I will restrain a child if they are putting themselves or others in danger, for example running into a road.
- All gardening equipment is locked in the shed, and dangerous plants have been removed.
- I hold a current paediatric first aid certificate. (Including instruction in the use of Anaphylaxis Auto Injectors and Defibrillators.)

## Health

I hold a basic food hygiene certificate - Level 2

I encourage children to learn about good hygiene by promoting regular hand washing. We always use liquid soap and individual paper towels.

When providing meals and snacks children are encouraged to make healthy choices and the benefits of an active lifestyle are promoted, e.g. access to outdoor play daily.

Baby changing mats are cleaned after each use.

I have registered with my local environmental health department, and ensure correct storage, hygiene of food preparation areas and preparation of food.

If you have any concerns regarding the health and safety of your child please discuss them with me.

Date policy was last reviewed	21/05/2016
This policy is due for review on the following date	21/11/2016

